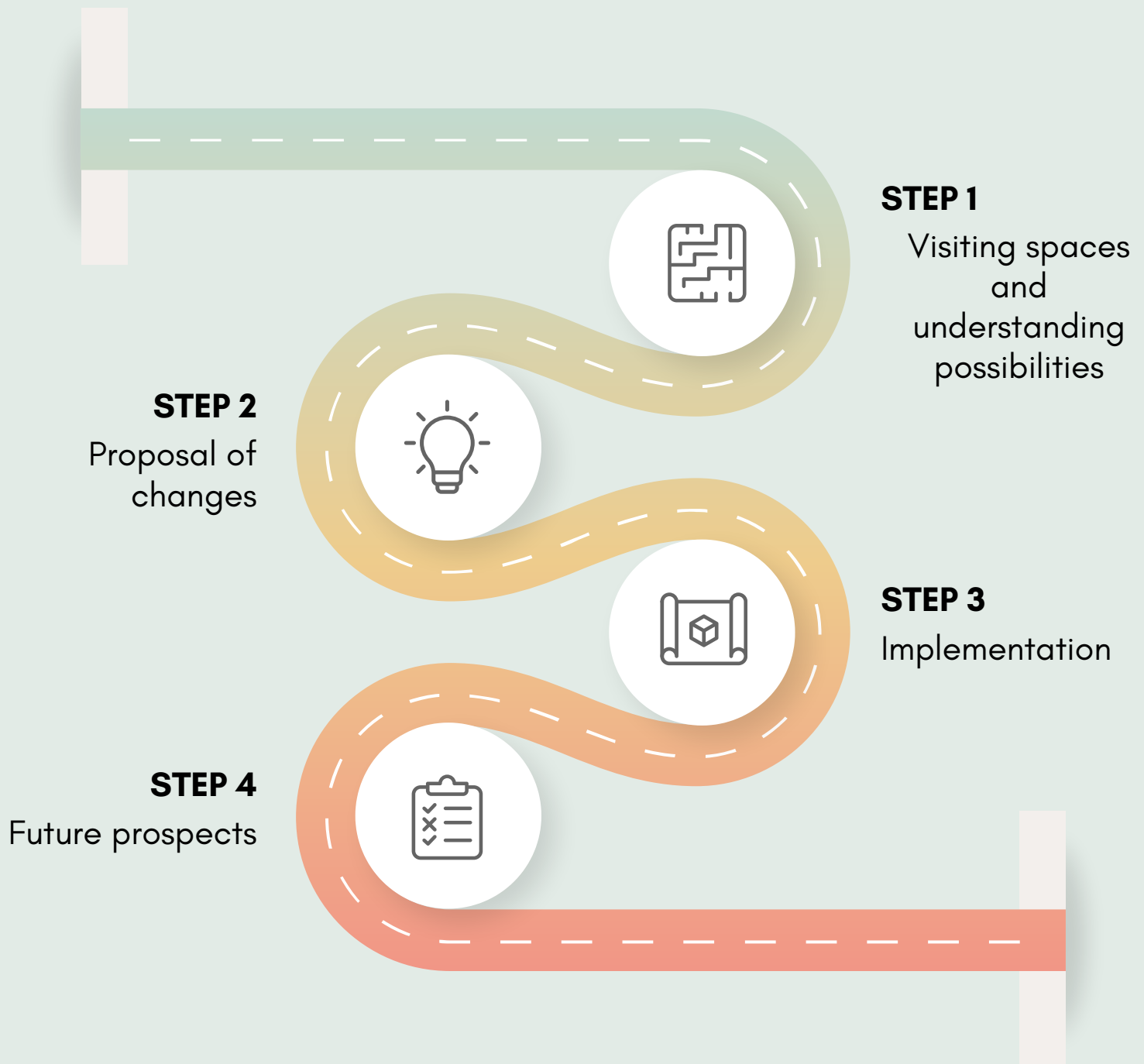


# Immediate actions proposal to create more accessibility and sustainability for parents inside the university



## STEP 1

## Visiting spaces and understanding possibilities

On April 8th we had an online meeting to discuss possible alternatives for parents inside the university with Klara Björk (head of department HDK-Valand)

Linda Samuelsson (the student health and work environment coordinator at GU centrally), Ville Hulling (SAMO -student work environment representative), Lotta Kvist (senior lecturer in connection with student health at HDK-Valand)

Following the conversation, Lotta Kvist and I met physically, on April 10th, to see in both buildings which spaces can be improved for better accessibility and sustainability for parents, both students and teachers.

We mainly visited the resting rooms and which toilet rooms can accommodate more needs.

Due to lack of space, only the RWC toilet rooms might accommodate changing tables for babies

The resting rooms were inviting and need minor changes which will be detailed below, but maybe raising awareness about them, would make them more accessible.

**TOILET ROOMS*****HDK Building - Kristinelundgatan***

- 334 G- Toilettroom on the entrance floor, which has a changing table for babies but there is no marking of the bathroom to indicate that (see pic 1)
- 419 D - 4th floor - Large toilet room that can accommodate a changing table for babies + marking (see pic 2)
- 517 D - 5th floor - Large toilet room that can accommodate a changing table for babies + marking

***Valand Building - Vasagatan***

- 2052 - Toilet room situated next to the resting room that can accommodate a changing table + marking
- 1013 - Toilet room situated in the kitchen that can accommodate a changing table + marking

**Total of 4 changing tables and 5 signs**

**RESTING ROOMS*****HDK Building - Kristinelundgatan***

- proposal of a text to highlight the use of the room and its accessibility

***Valand Building - Vasagatan***

- *a chair that helps to breastfeed or discharge milk, as it is present in the other resting room*
- *more pillows*
- *a blanket*
- *proposal of a text to highlight the use of the room and its accessibility*

**Total of 1 chair, pillows and blanket, texts**



Pic 1 - Toilet room 334 G- proposal



Pic 2 - Toilet room 419 D- proposal



Pic 3 - Resting room Valand proposal

# P R O P O S A L S

The anticipated period for making the proposed modifications is by the end of the current term, allowing for an initial response to the proposal.

I am aware that this process may require the involvement of several persons and procedures to be completed, and I am committed to offering my support, time, and services to ensure that this goal is met.

### **Emerged ideas from the meeting had on April 8th**

- The communication department will indicate on the new website the locations of toilet rooms equipped with changing tables for babies and the resting rooms scheduled for upgrades,
- As part of the collaboration with Feel Good, a well-being meeting for students was piloted this year, which can be adapted in the future to include discussions on parents' needs,
- The calendar schedule wheel can be adjusted in the future to synchronize with children's school vacations, ensuring that the vacation weeks are not overloaded with exams but rather with classes or self-study days,
- Family events it is something that the student union should organize and invite both students and teachers to participate with their families to foster a sense of belonging and inclusivity,
- An artist talk will be held, regarding the topic, at the Final exhibition show of the MFA 2, with guests Klara Björk and Lotta Kvist, on May 17th or 18th, the date or time was not decided yet,
- A physical meeting to review progress and discuss future developments is planned for May 28th at 14:30.